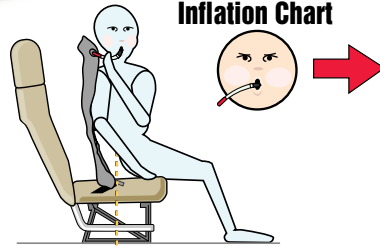




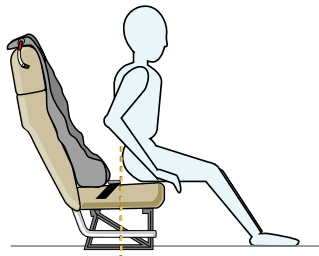
Quick Start Instructions



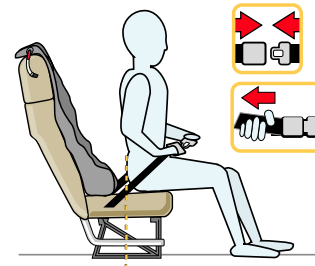
Inflation Chart

Weigh Less? More Air Required	150-225 lbs. 10-11 Deep Breaths	Weigh More? Less Air Required
over inflation may cause discomfort. If uncomfortable, you probably have too much air.		

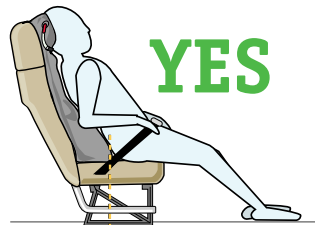
1 Blow the appropriate breaths into 1st Class Sleeper™. Lay 1st Class Sleeper™ on airline seat.



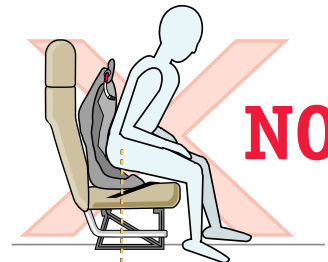
2. Sit forward on seat and not on any part of Sleeper.



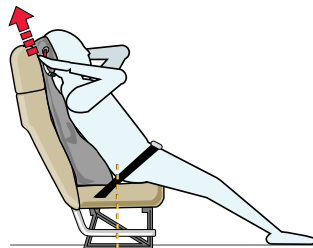
3. With hips on front half of seat, fasten your seatbelt and make it snug.



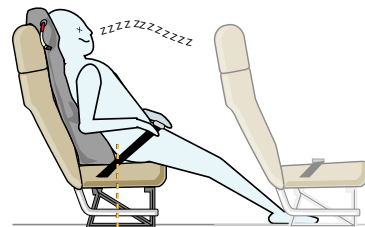
4. Lay back into seat without moving hips. Position head in uninflated "U" shape at the top. Hips forward is very important!



DO NOT SIT ON SLEEPER!



5. Adjust air in Sleeper until you feel comfortable. You may need to pull up top part for best neck support. Now relax and enjoy.



**DO NOT USE FOR TAKEOFF OR LANDING!
DO NOT USE WHILE OPERATING VEHICLES OR EQUIPMENT.**